



COURSE OUTLINE: NSW125 - FAMILIES

Prepared: Michelle Proulx

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

| | |
|---|--|
| Course Code: Title | NSW125: WORKING WITH FAMILIES |
| Program Number: Name | 1221: SSW INDIGENOUS SPECA 1223: SSW INDIGENOUS SPECI |
| Department: | SOCIAL SERV. WKR. - NATIVE |
| Semesters/Terms: | 20W |
| Course Description: | This course will examine the family system and methods for approaching family life cycle dilemmas through a strength based and holistic approach. As a family moves through the family life cycle they will face many development challenges, however, some families will also be faced with more intense challenges, such as abuse. Students will examine the aspects of abuse in the family and recognize the role of advocacy, intervention and prevention by understanding the impacts, patterns and services of abuse within families. In addition students will explore the challenges imposed on the First Nation family system since European contact by learning how the family balanced life through a system of collective responsibilities. |
| Total Credits: | 4 |
| Hours/Week: | 4 |
| Total Hours: | 60 |
| Prerequisites: | There are no pre-requisites for this course. |
| Corequisites: | There are no co-requisites for this course. |
| Vocational Learning Outcomes (VLO's) addressed in this course: | <p>1221 - SSW INDIGENOUS SPECA</p> <p>VLO 1 Develop and maintain professional relationships which adhere to professional, legal, and ethical standards aligned to social service work.</p> <p>VLO 2 Identify strengths, resources, and challenges of individuals, families, groups, and communities to assist them in achieving their goals.</p> <p>VLO 3 Recognize diverse needs and experiences of individuals, groups, families, and communities to promote accessible and responsive programs and services.</p> <p>VLO 5 Advocate for appropriate access to resources to assist individuals, families, groups, and communities.</p> <p>VLO 9 Work in communities to advocate for change strategies that promote social and economic justice and challenge patterns of oppression and discrimination.</p> <p>VLO 10 Respectfully collaborate with Indigenous individuals, families and communities to facilitate change considering the historical impact of legislation and social systems on the Indigenous Canadian culture and experience.</p> <p>VLO 11 Integrate culturally appropriate strategies and Indigenous methods of healing practices to help empower individuals and communities to solution build within an aboriginal worldview and context.</p> <p>1223 - SSW INDIGENOUS SPECI</p> <p>VLO 1 Develop and maintain professional relationships which adhere to professional, legal, and ethical standards aligned to social service work.</p> |

Please refer to program web page for a complete listing of program outcomes where applicable.



| | |
|--|---|
| | VLO 2 Identify strengths, resources, and challenges of individuals, families, groups, and communities to assist them in achieving their goals. |
| | VLO 3 Recognize diverse needs and experiences of individuals, groups, families, and communities to promote accessible and responsive programs and services. |
| | VLO 5 Advocate for appropriate access to resources to assist individuals, families, groups, and communities. |
| | VLO 9 Work in communities to advocate for change strategies that promote social and economic justice and challenge patterns of oppression and discrimination. |
| | VLO 10 Respectfully collaborate with Indigenous individuals, families and communities to facilitate change considering the historical impact of legislation and social systems on the Indigenous Canadian culture and experience. |
| | VLO 11 Integrate culturally appropriate strategies and Indigenous methods of healing practices to help empower individuals and communities to solution build within an aboriginal worldview and context. |

| | |
|---|---|
| Essential Employability Skills (EES) addressed in this course: | EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. |
| | EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication. |
| | EES 5 Use a variety of thinking skills to anticipate and solve problems. |
| | EES 6 Locate, select, organize, and document information using appropriate technology and information systems. |
| | EES 7 Analyze, evaluate, and apply relevant information from a variety of sources. |
| | EES 10 Manage the use of time and other resources to complete projects. |
| | EES 11 Take responsibility for ones own actions, decisions, and consequences. |

| | |
|----------------------------------|-----------------------------------|
| General Education Themes: | Social and Cultural Understanding |
| | Personal Understanding |

| | |
|---------------------------|-----------------------|
| Course Evaluation: | Passing Grade: 50%, D |
|---------------------------|-----------------------|

| | |
|--------------------------------------|---|
| Books and Required Resources: | An introduction to social work. Empowerment series by Collins, D., Jordan, C., & Coleman Publisher: Neslon Edition: 4 ISBN: 9781133312628 |
|--------------------------------------|---|

| | | |
|---|--|---|
| Course Outcomes and Learning Objectives: | Course Outcome 1 | Learning Objectives for Course Outcome 1 |
| | 1. Apply knowledge of the micro, macro and mezzo systems that affect the family system to respond to family life cycle challenges. | 1.1. Identify the core concepts of systems theory. 1.2. Apply knowledge of family systems theory when examining family strengths and challenges. 1.3. Explain the connectedness of the Medicine Wheel and the teachings of the family life cycle to understand the family as an interconnected system within and outside of the family. |
| | Course Outcome 2 | Learning Objectives for Course Outcome 2 |
| | 2. Demonstrate knowledge and application of assessment tools and techniques to identify family strengths and challenges. | 2.1. Create family genogram, eco map, and family timelines. 2.2. Identify family crisis points throughout the family life cycle. 2.3. Assess family and individual balance using the Medicine Wheel. |

| | |
|--|--|
| Course Outcome 3 | Learning Objectives for Course Outcome 3 |
| 3. Summarize the impacts of European contact on the Indigenous family. | 3.1. Describe the historical impacts, such as colonization efforts, the residential school era, and the 60's scoop, on contemporary family challenges. 3.2. Recognize the role policies, such as The Child and Family Service Act or the Indian Act, has on challenges faced by Aboriginal families. |
| Course Outcome 4 | Learning Objectives for Course Outcome 4 |
| 4. Identify strengths and resiliency aspects of Aboriginal teachings and practices in addressing current family issues. | 4.1. Understand the importance of culturally relevant interventions and supports to achieve and maintain family balance. 4.2. Give examples of Aboriginal teachings and practices applicable to supporting family resiliency. |
| Course Outcome 5 | Learning Objectives for Course Outcome 5 |
| 5. Create an intervention plan to address the various family life cycle challenges. | 5.1. Assess family challenges and strengths. 5.2. Identify appropriate resources within and outside of the family system. 5.3. Develop an intervention activity to address a family challenges. 5.4. Prepare a safety plan when leaving an abusive condition. |
| Course Outcome 6 | Learning Objectives for Course Outcome 6 |
| 6. Recognize the role of advocacy as a social service worker when working with families. | 6.1. Understand the Child and Family Services Act. 6.2. Explain the considerations for Aboriginal families under the Child and Family Services Act. 6.3. Articulate the importance of advocating on behalf victims of abuse. 6.4. Create awareness information related to family abuse issues. 6.5. Identify relevant legislation and policies such as child welfare, divorce, long-term care, that impact the family across the life cycle. |
| Course Outcome 7 | Learning Objectives for Course Outcome 7 |
| 7. Differentiate between the types of abuse and the impact on an individual and the family as a system. | 7.1. Recognize the different types of abuse related to children, partners and elders. 7.2. Identify the physical, mental, emotional and spiritual effects of abuse. |
| Course Outcome 8 | Learning Objectives for Course Outcome 8 |
| 8. Identify the challenges of addressing abusive and neglectful family experiences in consideration of stereotypes, inter-generational trauma, lateral violence, poverty and policies. | 8.1. Connect the impact of historical trauma. 8.2. Identify structural oppression. 8.3. Apply anti-oppressive practices to connect solutions to challenges faced by families affected by abuse and neglect. |

Evaluation Process and Grading System:

| Evaluation Type | Evaluation Weight |
|-----------------|-------------------|
|-----------------|-------------------|



| | |
|--------------------------------------|-----|
| Elder Abuse Awareness Assignment | 15% |
| Family Issues and Community Services | 15% |
| Final: Intervention Assignment | 25% |
| In Class Assignments | 30% |
| Key Concepts Notes | 15% |

Date: June 27, 2019

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.