



COURSE OUTLINE: NSW214 - INDIGEN HEAL METHODS

Prepared: Lisa Piotrowski

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW214: INC INDIGENOUS HEALING METHOD INTO PRACT
Program Number: Name	1214: SSW NATIVE SPECIALIZ 1223: SSW INDIGENOUS SPECI
Department:	SOCIAL SERV. WKR. - NATIVE
Semesters/Terms:	19F
Course Description:	Through an experiential learning approach, students will explore how to incorporate Indigenous healing methods in social service work practice. Throughout the semester, students will be exposed to different traditional healing methods within Indigenous cultures including the use of medicines, ceremonies, sharing circles, and traditional healers to achieve spiritual, mental, physical and emotional balance. This course involves hands on experience with medicines and instruction on how to use traditional teachings with clients.
Total Credits:	4
Hours/Week:	4
Total Hours:	60
Prerequisites:	NSW101
Corequisites:	There are no co-requisites for this course.
This course is a pre-requisite for:	NSW221
Vocational Learning Outcomes (VLO's) addressed in this course:	1214 - SSW NATIVE SPECIALIZ
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 1 Develop and maintain professional relationships which adhere to professional, legal, and ethical standards aligned to social service work.
	VLO 2 Identify strengths, resources, and challenges of individuals, families, groups, and communities to assist them in achieving their goals.
	VLO 3 Recognize diverse needs and experiences of individuals, groups, families, and communities to promote accessible and responsive programs and services.
	VLO 5 Advocate for appropriate access to resources to assist individuals, families, groups, and communities.
	VLO 8 Integrate social group work and group facilitation skills across a wide range of environments, supporting growth and development of individuals, families, and communities.
	VLO 9 Work in communities to advocate for change strategies that promote social and economic justice and challenge patterns of oppression and discrimination.
	VLO 10 Respectfully collaborate with Indigenous individuals, families and communities to facilitate change considering the historical impact of legislation and social systems on the Indigenous Canadian culture and experience.
	VLO 11 Integrate culturally appropriate strategies and Indigenous methods of healing practices to help empower individuals and communities to solution build within an aboriginal worldview and context.



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1223 - SSW INDIGENOUS SPECI

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Essential Employability Skills (EES) addressed in this course:

- EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 50%, D

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Demonstrate an understanding of the correlation between Indigenous healing methods and social service work approaches to practice.	1.1 Understand the goals and practice of 2 Eyed Seeing in Social Service Work. 1.2 Define mino-pimatisiwin and identify core concepts of `a good life` of living well. 1.3 Relate personal and cultural identity to Indigenous healing. 1.4 Integrate the 7 Grandfather Teachings into social service worker practice and Code of Ethics.



	1.5 Understand the connection between the holistic approach using Indigenous models of well-being and social service work practice Biopsychosocial Plus (BPS+) approach.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Integrate knowledge of medicinal plants into holistic healing practices to achieve wellness and balance.	2.1 Explain the concept of medicine in traditional Indigenous cultures. 2.2 Understand the spiritual component of holistic wellness specifically as it relates to natural medicines. 2.3 Connect access to land and its resources to personal and social challenges and health. 2.4 Understand and explain how to connect the use of traditional healing medicine as spiritual intervention to social social service work. 2.5 Identify common medicinal plants in local natural environment. 2.6 Apply knowledge of when and how to respectfully harvest medicines. 2.7 Prepare and process the harvested medicines.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Demonstrate a working knowledge of traditional Indigenous teachings and ceremonies as they relate to wellness and balance.	3.1 Identify Indigenous cultural protocols, values and ethics relating to traditional medicine, ceremonies and teachings. 3.2 Incorporate 7 Grandfather Teachings into everyday learning and healing, personally and professionally. 3.3 Explain the purposes, healing properties, and procedures of a variety of ceremonies. 3.4 Understand how Indigenous storytelling and ways of knowing contribute to mino-pimatisiwin. 3.5 Differentiate and appreciate the roles and ways that individual Elders, Knowledge Keepers and Traditional Healers can be incorporated into social service work. 3.6 Provide insight to others on how cultural identity is a protective factor and contributes to positive Indigenous well being.
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Complete a holistic assessment for wellness and a service plan for social service work practice that integrates Indigenous healing methods.	4.1 Respect 2 Eyed Seeing in Social Service Work practice. 4.2 Use of Indigenous ways of knowing and tools to complete a holistic assessment. 4.3 Identify cultural, community, family and individual history as possible factors impacting a client`s current situation. 4.4 Develop a holistic service plan to accommodate a client who is seeking to incorporate traditional healing methods in a way that matches their individual level of cultural identity. 4.5 Identify resources (Elders, Healers, Knowledge Keepers, etc) in the community to include in a service plan.
Course Outcome 5	Learning Objectives for Course Outcome 5
5. Engage Aboriginal Elders, Knowledge Keepers and Traditional Healers as resources in social service work.	5.1 Participate in teachings from Elders, Knowledge Keepers and/or Traditional Healers. 5.2 Understand that protocols for ceremonies and approaching Elders, Knowledge Keepers and Healers differ in the diverse regions across Canada. 5.3 Identify and approach an Elder, Knowledge Keeper or



	Healer in the community to access their participation.
Course Outcome 6	Learning Objectives for Course Outcome 6
6. Facilitate a sharing circle and organize a feast.	6.1 Plan and prepare for a feast in a manner that honours the meaning of feast in the Indigenous community. 6.2 Utilize an Elder and appropriate Knowledge Keepers to meet the needs of assisting with ceremonial aspects of the feast and or ceremony. 6.3 Communicate the purpose and healing benefits of a sharing circle and feast. 6.4 Take a lead role in facilitating a sharing circle.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
7 Grandfathers Journal	15%
Blending SSW with Traditional Perspectives	10%
Facilitating of Smudging	5%
Feast/Ceremonies Reflection	15%
Holistic Assessment/Integrated Service Plan	15%
Plant Medicines	10%
Research on 2 Eyed Practice	20%
Sharing Circle Facilitation	10%

Date:

June 27, 2019

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

