



COURSE OUTLINE: NSW101 - FOUNDATIONS/PRACTICE

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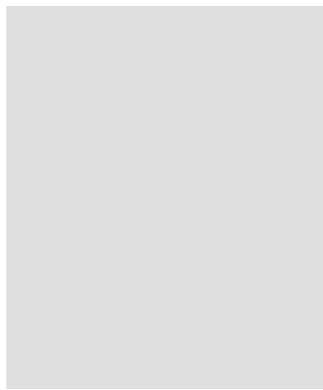
Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW101: FOUNDATIONS FOR BALANCED PRACTICE
Program Number: Name	1221: SSW INDIGENOUS SPECA 1223: SSW INDIGENOUS SPECI
Department:	SOCIAL SERV. WKR. - NATIVE
Semesters/Terms:	19F
Course Description:	Students will be introduced the field of social work and social service work, its values and ethics as a profession. Social work theories that guide the action of practice will be introduced. Students will learn to assess strengths and limitations from individual and community perspectives. Alternative outlooks based in Indigenous ways of knowing on problem solving, self-concept and growth will be explored through the 7 Grandfathers and Medicine Wheel teachings. The teachings of the Sacred Tree will provide a basis for course work.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Substitutes:	SSW105
This course is a pre-requisite for:	NSW203, NSW214
Vocational Learning Outcomes (VLO's) addressed in this course:	<p>1221 - SSW INDIGENOUS SPECA</p> <p>VLO 1 Develop and maintain professional relationships which adhere to professional, legal, and ethical standards aligned to social service work.</p> <p>VLO 2 Identify strengths, resources, and challenges of individuals, families, groups, and communities to assist them in achieving their goals.</p> <p>VLO 3 Recognize diverse needs and experiences of individuals, groups, families, and communities to promote accessible and responsive programs and services.</p> <p>VLO 6 Develop and maintain positive working relationships with colleagues, supervisors, and community partners.</p> <p>VLO 10 Respectfully collaborate with Indigenous individuals, families and communities to facilitate change considering the historical impact of legislation and social systems on the Indigenous Canadian culture and experience.</p> <p>VLO 11 Integrate culturally appropriate strategies and Indigenous methods of healing practices to help empower individuals and communities to solution build within an aboriginal worldview and context.</p> <p>1223 - SSW INDIGENOUS SPECI</p> <p>VLO 1 Develop and maintain professional relationships which adhere to professional, legal,</p>

Please refer to program web page for a complete listing of program outcomes where applicable.



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and ethical standards aligned to social service work.

- VLO 2 Identify strengths, resources, and challenges of individuals, families, groups, and communities to assist them in achieving their goals.
- VLO 3 Recognize diverse needs and experiences of individuals, groups, families, and communities to promote accessible and responsive programs and services.
- VLO 6 Develop and maintain positive working relationships with colleagues, supervisors, and community partners.
- VLO 10 Respectfully collaborate with Indigenous individuals, families and communities to facilitate change considering the historical impact of legislation and social systems on the Indigenous Canadian culture and experience.
- VLO 11 Integrate culturally appropriate strategies and Indigenous methods of healing practices to help empower individuals and communities to solution build within an aboriginal worldview and context.

Essential Employability Skills (EES) addressed in this course:

- EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 50%, D

Books and Required Resources:

Introduction to Social Work In Canada: Histories, Contextx and Practices by Ives, N., Denov, M., Sussman,T
Publisher: Michelle
ISBN: 9780199003174

The Sacred Tree: Reflections on Native American Spirituality by Bopp,J.,Bopp,M.,Brown, L., Lane,P.
Publisher: Lotus Light Edition: Second
ISBN: 0-941524-58-2

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Communicate the fundamental social work principles within multiple levels of practice and roles throughout the helping process.	1.1 Identify the perspectives and roles inherent within the micro, mezzo and macro societal systems. 1.2 Connect the social service work person-in-environment perspective and the Indigenous holistic interconnected worldview to create an understanding of working with people. 1.3 Utilize the OCSWSSW Code of Ethics, Scopes of Practice



	and Standards of Practice for Social Service Workers. 1.4 Identify the phases of the helping process and the role of cultural safety within each. 1.5 Differentiate between various fields of practice while understanding the interconnectedness of the work in different fields of practice.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Integrate self-awareness and balance into work and personal life.	2.1 Ground professional work in the values, ethics and mission of the profession and the 7 Grandfathers teachings. 2.2 Examine the four components of the Medicine Wheel, from Indigenous ways of knowing, relating to individual and community wellness. 2.3 Identify and assess one`s own identity, strengths and areas of improvement by applying the four components of holistic well-being to personal health and community work.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Connect social work theories to skills development to gain awareness of reflexive practice.	3.1 Familiarity with Ecosystems, Person-Centered, Narrative, Strengths-Based and Anti-Oppressive Social Work theories and approaches. 3.2 Begin to link ethical and professional engagement, relationship building and interview skills to practice framework of social work theories. 3.3 Apply the RESPECTFUL model to initiate culturally safe practice.
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Integrate the four core aspects of human nature into an ongoing plan for individual and community balance.	4.1 Commit to ongoing development and improvement of social work - interpersonal interviewing and skills to best serve individuals and communities. 4.2 Utilize the teachings of the Medicine Wheel, 7 Grandfathers and Sacred Tree as alternative perspectives in the areas of assessment, problem solving, self-concept and growth.
Course Outcome 5	Learning Objectives for Course Outcome 5
5. Respect the value of diverse self-care perspectives and techniques.	5.1 Familiarity with a variety of self-care techniques and perspectives. 5.2 Adoption of and commitment to `personal fit` self-care techniques.
Course Outcome 6	Learning Objectives for Course Outcome 6
6. Develop an understanding cultural identity by linking personal history to broader cultural study.	6.1 Accept responsibility for development of diversity awareness and cultural competence Develop awareness of personal lens and cultural identity. 6.2 Familiarity with RESPECTFUL model of multicultural awareness. 6.3 Link multicultural identity to assessment, issue identification, and problem solving methods, resources and solutions.
Course Outcome 7	Learning Objectives for Course Outcome 7
7. Create a personal and professional philosophy to bridge the teachings of the	7.1 Commit to ongoing personal and professional development of culturally safe practice and professional understanding and



	Sacred Tree within the social work field.	delivery of services to best serve individuals and communities.
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Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Fields of Social Work Practice	20%
Introduction to Skills	15%
Personal Lens & Balance	10%
Social Work Theories	20%
Test	20%
Values Journal	15%

Date: June 27, 2019

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.