



COURSE OUTLINE

NSW107

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW107: PARALLEL WORLDS OF MENTAL HEALTH				
Program Number: Name	1214: SSW NATIVE SPECIALIZ				
Department:	SOCIAL SERV. WKR. - NATIVE				
Semester/Term:	18W				
Course Description:	Effective social service work in this area provides knowledgeable guidance and support for individuals and families. Students will gain an education on the multiple aspects and perspectives involved with this population. Parallel worlds of mental health include formal and informal systems, personal and professional realities and multicultural components. The course will inform students on mental disorders, available medications and alternative paths. Canadian Mental Health policy and legislation will also be explored.				
Total Credits:	3				
Hours/Week:	3				
Total Hours:	45				
Substitutes:	NSW103				
Essential Employability Skills (EES):	<p>#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>#2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>#6. Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>#7. Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>#8. Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>#9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>#10. Manage the use of time and other resources to complete projects.</p> <p>#11. Take responsibility for ones own actions, decisions, and consequences.</p>				
Course Evaluation:	Passing Grade: 50%, D				
Evaluation Process and Grading System:	<table border="1"> <thead> <tr> <th>Evaluation Type</th> <th>Evaluation Weight</th> </tr> </thead> <tbody> <tr> <td>Indigenous Mental Health Research</td> <td>25%</td> </tr> </tbody> </table>	Evaluation Type	Evaluation Weight	Indigenous Mental Health Research	25%
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Legislation	15%
Mental Health Disorders	20%
Stigma	10%
Tests	30%

Course Outcomes and Learning Objectives:

Course Outcome 1.

Educate on the concepts of mental disorders and mental health to promote a balanced, holistic approach to individual, family and community health

Learning Objectives 1.

Communicate the strengths and barriers of the DSM V and diagnostic process
 Utilize the Strengths perspective in work with individuals, families and communities
 Convey the role of symptom description in the field of mental health
 Critically assess the role of society and cultural worldview in making meaning of mental disorders and mental health

Course Outcome 2.

Distinguish between the various psychiatric diagnoses as communicated in the DSM V and other sources

Learning Objectives 2.

Identify mental health disorders as represented by the DSM V and other sources
 Recognize symptoms and behaviours of the major mental health disorders studied in class using a symptom based classification system
 Consider the impact of disorders on the individual and family functioning

Course Outcome 3.

Adhere to, apply and communicate relevant legislation and policy for the benefit of the individual and family functioning



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Learning Objectives 3.

Demonstrate the interdependent relationship between legislation, policy and the social service field
Accurately interpret in everyday working language legislation relevant to the field of mental health
Advocate for the individual, family and group rights based on knowledge and application of relevant legislation and services

Course Outcome 4.

Assess and integrate available formal and informal helpers and natural support networks

Learning Objectives 4.

Adopt a client-centered, culturally competent approach to meet the needs of the client
Network and liaise between First Nations, community and other relevant sources of support
Identify natural support networks to empower individuals, families, groups and communities
Identify the ecological factors contributing to strengths and obstacles within the client system
Analyze connections and relationships in the social environment using appropriate tools
Direct individuals, families and groups to appropriate services and natural support networks in their area
Adopt a practice style that integrates formal and informal supports as allies

Course Outcome 5.

Determine the instigating catalysts, risks and protective factors specifically linked to mental health of Canadian Indigenous peoples

Learning Objectives 5.

Integrate the role of grief and multiple losses to Indigenous mental health
Identify the risks and protective factors for mental health concerns specific to Canadian Indigenous populations
Recognize the links between current mental health strengths and areas of concern to the



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Canadian experience of Indigenous people
Communicate the interconnectedness of individual and community identity and health
Assess the implications for mental health services and health promotion on First Nations

Course Outcome 6.

Inform about and advocate for balance and understanding for caregivers (family)

Learning Objectives 6.

Recognize the variety of relationships, roles and realities for caregivers
Educate on the evolution of the care-giving relationship
Advocate for the education and health of caregivers

Course Outcome 7.

Discriminate between the classifications and effects of medications used in the field of mental health

Learning Objectives 7.

Classify the drugs used for mental health disorders and connect to the mental health disorders most often used for each classification
Connect an understanding of medications, side effects and issues of adherence in the field of mental health

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.