



## COURSE OUTLINE: PNG127 - HEALTH ASSESSMENT

Prepared: Lynn Tomie

Approved: Bob Chapman, Chair, Health

<b>Course Code: Title</b>	PNG127: HEALTH ASSESSMENT
<b>Program Number: Name</b>	3024: PRACTICAL NURSING
<b>Department:</b>	PRACTICAL NURSING
<b>Semesters/Terms:</b>	21W
<b>Course Description:</b>	This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all stages of the lifespan. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course.
<b>Total Credits:</b>	3
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	45
<b>Prerequisites:</b>	PNG115, PNG116, PNG117, PSY120
<b>Corequisites:</b>	PNG121, PNG131
<b>This course is a pre-requisite for:</b>	PNG233, PNG234, PNG238
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<p><b>3024 - PRACTICAL NURSING</b></p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p>

Please refer to program web page for a complete listing of program outcomes where applicable.

In response to public health requirements pertaining to the COVID19 pandemic, course delivery and assessment traditionally delivered in-class, may occur remotely either in whole or in part in the 2020-2021 academic year.



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	EES 5 Use a variety of thinking skills to anticipate and solve problems.
	EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
	EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
	EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
	EES 10 Manage the use of time and other resources to complete projects.
	EES 11 Take responsibility for ones own actions, decisions, and consequences.

<b>Course Evaluation:</b>	<p>Passing Grade: 60%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
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<b>Other Course Evaluation &amp; Assessment Requirements:</b>	This course has a co-requisite grading requirement which includes overall 60% in Written Component AND be Successful in the Practicum - Head-To-Toe Assessment Testing (the student must achieve a Satisfactory in the Practicum component).
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<b>Books and Required Resources:</b>	Physical Examination & Health Assessment - Text, Pocket Companion & Student Lab Manual by Jarvis Edition: 3rd ISBN: 9780323676120
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<b>Course Outcomes and Learning Objectives:</b>	<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
	1. Utilize a framework to conduct a holistic health assessment for a healthy individual.	1.1 Discuss the purpose of health assessment. 1.2 Explore frameworks that guide health assessment. 1.3 Explore the elements of a health assessment.
	<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
	2. Perform a comprehensive health assessment of a healthy individual.	2.1 Describe the impact of communication skills on the interview process. 2.2 Adapt interview techniques to facilitate a health assessment. 2.3 Discuss the ethno-cultural and spiritual considerations involved in a health assessment. 2.4 Discuss elements of a nursing health history. 2.5 Conduct a health history for each system/health pattern. 2.6 Organize assessment data using a framework. 2.7 Identify age related variations and basic deviations from expected findings. 2.8 Perform a basic physical examination utilizing a framework. 2.9 Record and report findings of the basic physical examination.
	<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
	3. Utilize appropriate	3.1 Identify the equipment used in a physical examination.

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	examination techniques.	3.2 Demonstrate the correct use of the equipment used in a physical examination. 3.3 Demonstrate accurate basic physical examination techniques for each system/functional health pattern using a framework approach. 3.4 Adapt physical examination techniques to various age groups. 3.5 Discuss examination techniques specific to each system/health patterns.
	<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
	4. Integrate basic health promotion strategies during health assessment	4.1 Incorporate appropriate health teaching during a nursing health history and basic physical examination.

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Final Exam	40%
Test # 1	30%
Test # 2	30%

**Date:** December 4, 2020

**Addendum:** Please refer to the course outline addendum on the Learning Management System for further information.

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