



COURSE OUTLINE: PNG127 - HEALTH ASSESSMENT

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Approved: Bob Chapman, Chair, Health

Course Code: Title	PNG127: HEALTH ASSESSMENT
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Semesters/Terms:	20W
Course Description:	This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all stages of the lifespan. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	PNG115, PNG116, PNG117, PSY120
Corequisites:	PNG121, PNG131
This course is a pre-requisite for:	PNG233, PNG234, PNG238
Vocational Learning Outcomes (VLO's) addressed in this course:	<p>3024 - PRACTICAL NURSING</p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology</p>

Please refer to program web page for a complete listing of program outcomes where applicable.



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- and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 60%, C

Other Course Evaluation & Assessment Requirements:

This course has a co-requisite grading requirement which includes overall 60% in Written Component AND be Successful in the Practicum - Head-To-Toe Assessment Testing (the student must achieve a Satisfactory in the Practicum component).

Books and Required Resources:

Pocket Companion for Physical Examination & Health Assessment by Jarvis
 Publisher: WB Saunders Edition: 3rd Canadian Edition
 ISBN: 9781771721493

Physical Examination & Health Assessment (w/Lab Manual) by Jarvis
 Publisher: Elsevier Canada Edition: 3rd Canadian edition
 ISBN: 9781771722018

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Utilize a framework to conduct a holistic health assessment for a healthy individual.	1.1 Discuss the purpose of health assessment. 1.2 Explore frameworks that guide health assessment. 1.3 Explore the elements of a health assessment.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Perform a comprehensive health assessment of a healthy individual.	2.1 Describe the impact of communication skills on the interview process. 2.2 Adapt interview techniques to facilitate a health assessment. 2.3 Discuss the ethno-cultural and spiritual considerations involved in a health assessment. 2.4 Discuss elements of a nursing health history. 2.5 Conduct a health history for each system/health pattern. 2.6 Organize assessment data using a framework. 2.7 Identify age related variations and basic deviations from expected findings. 2.8 Perform a basic physical examination utilizing a framework. 2.9 Record and report findings of the basic physical examination.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Utilize appropriate examination techniques.	3.1 Identify the equipment used in a physical examination. 3.2 Demonstrate the correct use of the equipment used in a physical examination. 3.3 Demonstrate accurate basic physical examination techniques for each system/functional health pattern using a framework approach.



	3.4 Adapt physical examination techniques to various age groups. 3.5 Discuss examination techniques specific to each system/health patterns.
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Integrate basic health promotion strategies during health assessment	4.1 Incorporate appropriate health teaching during a nursing health history and basic physical examination.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Final Exam	40%
Test # 1	30%
Test # 2	30%

Date: December 13, 2019

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.