

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Crisis Management

CODE NO: NUR 407

PROGRAM: Critical Care Nursing Program

EATE:

AUTHOR: P. Edwards, B. Wamock, J. Maundrell

New X Revision

APPROVED: n?^TE:

CHAIRPERSON

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JUL 07 1994

SAULT STE. MARIE

CRISIS INTERVENTION

COURSE NAME

COURSE CODE

COURSE DESCRIPTION

This course will address the concepts of stress and crisis management in the critical care setting. The focus will include interventions for the patient, significant others and the health team members involved in crisis situations.

COURSE OBJECTIVES

PART A - STRESS THEORY

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| 1. Explain stress theory including stages, responses and mechanisms of coping. | 2 hours |
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PART B - CRISIS THEORY

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| 2. Explain crisis theory including phases and responses. | 2 hours |
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PART C - TECHNIQUES OF CRISIS INTERVENTION

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| 3. Utilizing the theories of stress and crisis, formulate appropriate intervention techniques. | 8 hours |
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METHOD OF EVALUATION

	MARKS
1. Participation in classroom work	40
2. Written Assignment	60
	100%

LEARNING OBJECTIVES	CONTENT	RESOURCES
PART A: STRESS THEORY		
1. Explain the concept of stress.	definition stages of stress physiological, behavioural and affective responses in the patient, family and nurse precipitating factors	
2« Discriminate between effective and ineffective mechanisms for coping with stress	coping mechanisms defense mechanisms	
PART B - CRISIS THEORY		
1. Explain the concept of crisis.	definition historical perspective phases of crisis	1. "Principles and Practice of Psychiatric Nursing, 3rd Ed." Gail W. Stuart, Sandra J, Sundeen, C.V. Mosky, Toronto, 1987
Differentiate the various clinical manifestations of the individual(s) in crisis.	identify behaviours for each phases of crisis	
		Brownell, M.J., "The Concept of Crisis: Its Utility for Nursing" Advanced Nursing Science, 6:4, July 1984

IEAMONG OBJECTIVES

CONTENT

RESCXJROBS

KVKT C: TEJCrOHQOES OF CRISIS INITIWENTIC>I

Describe various techniques of crisis interventions.

levels of crisis intervention
 techniques of crisis interventions
 - definition
 - exartples
 - relationship to levels of crisis intervention

Cohen, L.H., Claiborne, W.L., and Specter, editors: "Crisis Intervention" New York, 1983, Human Sciences Press, Inc.

Gertz, W., "Fundamentals of Crisis Counselling", Livingston, Mars, 1974 Livingston Books, D,C. Heath & Co,

Given a case study, create a nursing care plan for the individual(s) in crisis.

assessment
 Diagnosing
 - Ineffective Individual Coping
 - Ineffective Family Coping
 - Body Image Disturbance
 - Dysfunctional Grieving
 - Anxiety (severe)
 - Potential for Self-Directed Violence (suicide)
 Planning
 Interventions
 Evaluation

Hall, J. & Weaver, B, "Nursing of Families in Crisis", Philadelphia, 1974, J.B. Lippincott Co.

Harrison, D. "Nurses & Disasters", Journal of Psychosocial Nursing, 19 (2): 34, 1981

McCubbin, H. & Patterson, J "Family Adaptation to Crisis" Springfield, Illinois 1982

Morgan, J. & Barry, P, "Mental Health & Mental Illness" New York, 1985, J.B. Lippincott Co,

LEARNING OBJECTIVES

CONTENT

RESOURCES

Narayan, S.M., &
Joslin, D.J. "Crisis
Theory & Intervention
A Critique of the
Medical Model and
Proposal of a
Nursing Model",
Advanced Nursing
Science 2:27, July
1980

Stuart & Sundeen:
"Principles and
Practice of Psychiatric
Nursing", Toronto, 1987
C.V. Mosby Company