

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

**COURSE OUTLINE**

COURSE TITLE: Theory IV  
CODE NO. : PSW104 SEMESTER: 2  
PROGRAM: Personal Support Worker  
AUTHOR: Donna Alexander, Faye Smedley  
DATE: Sept/03 PREVIOUS OUTLINE DATED: Feb/01  
APPROVED:

\_\_\_\_\_  
DEAN

\_\_\_\_\_  
DATE

TOTAL CREDITS: 3  
PREREQUISITE(S): PSW100, PSW101, PSW102, PSW103  
TOTAL COURSE HOURS: 34

**Copyright © 2003 The Sault College of Applied Arts & Technology**  
*Reproduction of this document by any means, in whole or in part, without prior written permission of Sault College of Applied Arts & Technology is prohibited.*  
*For additional information, please contact Dean,  
School of Health and Human Services  
(705) 759-2554, Ext. 603/689*

**I. COURSE DESCRIPTION:**

This theory course will discuss the use of activation to assist consumers who require rehabilitation. It will also prepare the student to assist consumers with taking their prescribed medications. The student will acquire the skills to communicate with consumers who are cognitively impaired and/or have a psychosocial condition. They will learn how to identify consumers at risk of abuse or who have been abused. They will learn strategies for coping with consumers with behaviours that are challenging. The student will learn to care for terminally ill and dying consumers.

**II. LEARNING OUTCOMES:**

**Upon successful completion of Practicum B course the student will have the ability to:**

1. Define rehabilitation and identify the members of the rehabilitation team.
2. Identify the physical, psychological, social and spiritual considerations associated with rehabilitation.
3. Identify the responsibilities of the PSW in rehabilitation.
4. Recognize various devices and equipment that may be used by the consumer.
5. Define the term activation, explain the difference between sedentary and participatory activities.
6. Describe the benefits of activation.
7. Describe the role of the consumer's previous lifestyle and skills in planning for activation.
8. Describe the importance of encouraging the consumer to participate in activities within their capabilities.
9. Identify common medications, routes and the safety implications for drug administration.
10. Describe the role of the PSW in **assisting** the consumer with taking their medications.
11. List common drug side effects, and identify common drug classifications.
12. Explain why oxygen is regarded as a medication, and identify precautions when oxygen is in use.
13. Differentiate between acute and chronic confusion.
14. Define and identify common symptoms of cognitive impairments.
15. Identify the stages of Alzheimer's Disease.

**II. LEARNING OUTCOMES:**

16. Identify helpful measures to assist you in caring for the cognitively impaired individual.
17. Identify feelings, both personal and of society, related to psychosocial conditions.
18. Define common mental illnesses that can affect the consumer.
19. Identify some common behaviours such as indicators of suicidal behaviours that indicate a consumer may have a psychosocial condition.
20. Identify measures a PSW can plan to do to support consumers with psychosocial conditions.
21. Describe the various types of abuse.
22. Identify personal feelings about family violence.
23. Describe abuse as an issue of power and control.
24. Identify signs of possible abuse, and the appropriate actions to be taken in reporting concerns of abuse.
25. Define challenging behaviours.
26. Identify behaviours that may be caused by a variety of factors, such as the environment, interpersonal relationships or physical needs.
27. Identify behaviours that indicate a need for physical restraints and identify environmental safety measures to use when a consumer is in a physical restraint.
28. Identify their feelings and attitudes about the following: death and dying, Do Not Resuscitate, living wills and refusal to accept treatment.
29. Identify measures a PSW can do to assist the family of a consumer who is dying
30. Identify measures a PSW can do to promote effective care of a consumer who is dying.

**III. TOPICS:**

- 1) Rehabilitation
- 2) Activation
- 3) Devices and equipment used by consumers
- 4) Assisting with medications
- 5) Drugs, Common Classifications, Side Effects
- 6) Oxygen seen as a medication and safety measures around it.
- 7) Cognitive impairments (Alzheimer's Disease)
- 8) Common psychosocial conditions
- 9) Anxiety, depression, bipolar affective disorders and schizophrenia
- 10) Suicidal behaviours

**III. TOPICS:**

- 11) Family Violence
- 12) Challenging behaviours
- 13) Use of restraints and safety measures
- 14) Palliative care.
- 15) Do Not Resuscitate, living wills and refusal to accept treatment

**IV. REQUIRED RESOURCES / TEXTS / MATERIALS:**

Resource Text--refer to Modules 9 & 10 in PSW 104 Study Guide.

**V. EVALUATION PROCESS/GRADING SYSTEM:**

Test One	Module 9 Units 43-44	15%
Test Two	Module 9 Unit 45	15%
Lab Demonstrations	(Students must practice and redo until satisfactory demonstration achieved)	15% (Grading: Satisfactory/Unsatisfactory)
Test Three	Module 9 Units 46-48	20%
Test Four	Module 9 Units 49-50	20%
Attendance		15%

***The following semester grades will be assigned to students in postsecondary courses:***

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 - 100%	4.00
A	80 - 89%	3.75
B	70 - 79%	3.00
C	60 - 69%	2.00
F (Fail)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field placement or non-graded subject areas.	
U	Unsatisfactory achievement in field placement or non-graded subject areas.	
X	A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies &amp; Procedures Manual – Deferred Grades and Make-up</i> ).	
NR	Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has not been possible for the faculty member to report grades.	
W	Student has withdrawn from the course without academic penalty.	

**VI. SPECIAL NOTES:**

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit the Special Needs office so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.