GENERAL EDUCATION COURSES

Students enrolled in 2- and 3- year programs must successfully complete three General Education courses as part of their program of study. One General Education course is student-selected, one is program-selected, and one is cross-College.

STUDENT-SELECTED GENERAL EDUCATION COURSE OPTIONS

Students will choose one of the following General Education courses:
(Note: course availability varies each semester; not all courses are available to all programs)
(Note: 2021 Fall Term – five course options available for selection)

1. **SSC110 - Introduction to Indigenous Canada** *(Available for 2021 Fall Term)*

   This course will provide the participants with an introduction to historical and contemporary issues relating to Indigenous people in Canada. Indigenous Worldviews will be discussed in both historical and modern perspectives. Students will review colonialization, government policies and legislation, which provide a foundation for understanding modern Indigenous life in Canada. Students will make critical connections between history and current realities of Indigenous people in Canada and reasons for the Truth and Reconciliation Commission.

2. **GAS101 - Rituals Idols and Controversies in Sport**

   This course gives students the opportunity to examine the many rituals, idols, and controversies surrounding the world of sports. Students will debate, discuss, and present a variety of popular topics in sports such as athlete salaries, performance-enhancing drugs and athlete product endorsement. This course will explore the impact these issues have on social and cultural aspects of human behaviour.

3. **GAS105 - Music and Film Appreciation**

   This introduction to movies will provide an opportunity to understand the importance of visual creativity in human affairs. The students will gain the capacity to recognize and evaluate artistic creativity of film and film production. Through viewing, discussing, and presenting, students will gain an aesthetic appreciation for the arts.

4. **GAS109 - Music and Pop Culture** *(Available for 2021 Fall Term)*

   This course will give students the opportunity to think creatively and critically about the influence of popular music on culture. Students will explore different music genres (rock, metal, hip hop and rap), their development and social significance. Students may explore music in film, commercials, war and protest, social and civil rights movements, and the contributions of specific artists to contemporary culture. The ways in which popular music has contributed to the current culture and, in turn, how culture has shaped popular music will be examined.

5. **GAS120 – Canada, Eh!** *(Available for 2021 Fall Term)*

   What does it mean to be Canadian? This course will examine the people of Canada and aspects of life, such as food, music, television, art, language, traditions, etc. By examining our diversity, we will come to understand that there is more than one Canadian identity.
6. GAS125 – Food and Wine Pairings (Available for 2021 Fall Term)

Become a wine enthusiast and decipher the many complexities revealed in wine by developing the ability to pair food and wine in today’s culinary world. Whether planning to entertain in the comfort of your own home, preparing for a business dinner meeting or developing food and wine menus for restaurants or special events, understanding how to pair food and wine is invaluable and a life skill. This course will explore the significance of food and drink by examining fundamental concepts of wine history, tradition and culture. Students will learn about terroir, wine terminology, production, storage, and selection and how wine is properly served.

7. HDG122 - Personal and Academic Success Strategies (Available for 2021 Fall Term)

This course will prepare you for the rigours of academic life and enable you to develop a personal profile for college and career success. The focus of this course will include accepting personal responsibility, discovering self-motivation, mastering self-management, employing interdependence, gaining self-awareness, adopting lifelong learning and developing emotional intelligence. In addition, you will identify your personal learning style, communication style, and personality style to enable you to achieve success in learning about, understanding, and choosing the courses and careers that will lead to personal and professional satisfaction.

CROSS COLLEGE GENERAL EDUCATION COURSE

GEN100 Global Citizenship

The world we are living in is one in which local, national and international issues are interwoven, and the need for us to understand the impact these issues can have on our lives has never been greater! Using a socio-cultural, political and environmental lens, students will view how the world is changing and how to become active agents of change – from the local to international level. Important issues such as social injustice, poverty, environmental protection, resource scarcity, sustainability, and health will be addressed. Global citizenship . . . an opportunity to ‘Be the Change’.

ADVANCE CREDIT TRANSFER:

Students who have received academic credits from other post-secondary programs or institutions may be eligible for a credit transfer and so be exempted from their Student-selected and/or Cross-College General Education Course. Please contact the Registrar’s Office to inquire further.