

Student Selected General Education

Section C.2
June 23, 2025

705.759.6700 : 1.800.461.2260 : www.saultcollege.ca : Sault Ste. Marie, ON, Canada



GENERAL EDUCATION COURSES

Students enrolled in 2- and 3- year programs must successfully complete three General Education courses as part of their program of study. One General Education course is student-selected, one is program-selected, and one is offered to all students across the College (Global Citizenship GEN100).

STUDENT-SELECTED GENERAL EDUCATION COURSE OPTIONS

Note - Course availability varies each semester; not all courses are available to all programs.

Each course combines 2 hours in-class instruction and 1-hour independent study per week. Students will choose one of the following General Education courses:

COURSES OFFERED IN 2025 FALL TERM: (Seven course options available)

GAS109 - Music and Pop Culture

This course will give students the opportunity to think creatively and critically about the influence of popular music on culture. Students will explore different music genres (rock, metal, hip hop and rap), their development and social significance. Students may explore music in film, commercials, war and protest, social and civil rights movements, and the contributions of specific artists to contemporary culture. The ways in which popular music has contributed to the current culture and, in turn, how culture has shaped popular music will be examined.

GAS120 - Canada, Eh!

What does it mean to be Canadian? This course will examine the history and contributions of the Indigenous peoples of Canada and the various ethnic/cultural groups who have come to and become part of Canada. Students will also research cultural aspects of Canada, such as food, music, television, art, language, traditions, etc. By examining our diversity, we will come to understand that there is more than one Canadian identity.

GAS125 - Food and Wine Pairings

Become a wine enthusiast and decipher the many complexities revealed in wine by developing the ability to pair food and wine in today's culinary world. Whether planning to entertain in the comfort of your own home, preparing for a business dinner meeting or developing food and wine menus for restaurants or special events, understanding how to pair food and wine is invaluable and a life skill. This course will explore the significance of food and drink by examining fundamental concepts of wine history, tradition and culture. Students will learn about terroir, wine terminology, production, storage, and selection and how wine is properly served.

HDG122 - Personal and Academic Success Strategies

This course will prepare you for the rigours of academic life and enable you to develop a personal profile for college and career success. The focus of this course will include accepting personal responsibility, discovering self-motivation, mastering self-management, employing interdependence, gaining self-awareness, adopting lifelong learning, and developing emotional intelligence. In addition, you will identify your personal learning style, communication style, and personality style to enable you to achieve success in learning about, understanding, and choosing the courses and careers that will lead to personal and professional satisfaction.

POL110 - Introduction to Canadian Government

This course is designed to provide you with an overview of Canadian government. The key structures of government at all levels will be reviewed; however, the primary focus will be on the federal and provincial levels. Students will become cognizant of the impact of government on their lives and how their participation in the system can affect change.

SSC110 - Introduction to Indigenous Canada

The course will provide the participants with an introduction to historical and contemporary issues relating to Indigenous people in Canada. Indigenous Worldviews will be discussed in both historical and modern perspectives. Students will review colonialization, government policies and legislation, which provide a foundation for understanding modern Indigenous life in Canada. Students will make critical connections between history and current realities of Indigenous people in Canada and reasons for the Truth and Reconciliation Commission. This course includes two hours of in-class instruction and one hour of independent study each week.

GEN300 - Varsity Student Selected General Education

- **Only** Varsity Student athletes in **diploma** programs are eligible to register for this course.
- Students **will not** be able to choose this option themselves on the student portal.
- Varsity athletes wanting to take this course, **must sign up** with their Academic Assistant. Please contact your academic assistant for more information.

Students participating on a varsity athletic team may earn course credit for their work. Student-athletes who participate in varsity athletics often spend immeasurable hours working towards excellence in sport and the classroom. Participation in varsity athletics allows student-athletes to gain a great number of experiences that help equip them for life-long understanding and development of themselves. Through participation in varsity athletics and successful completion of this course, student-athletes will become aware of the need to be fully functioning persons: mentally, physically, emotionally, socially, and vocationally. Student athletes will reflect on their evolution, situation, relationship with others, performing a team role, challenges and achievements. This course is asynchronous. 3 hours weekly is completed independently through teamwork and completion of assignments as assigned.

CROSS COLLEGE GENERAL EDUCATION COURSE

GEN100 Global Citizenship

The world we are living in is one in which local, national and international issues are interwoven, and the need for us to understand the impact these issues can have on our lives has never been greater! Using a socio-cultural, political and environmental lens, students will view how the world is changing and how to become active agents of change – from the local to international level. Important issues such as social injustice, poverty, environmental protection, resource scarcity, sustainability, and health will be addressed. Global citizenship provides students an opportunity to Be the Change. This course meets the Civic Life and Social and Cultural Understanding General Education themes.

ADVANCE CREDIT TRANSFER:

Students who have received academic credits from other post-secondary programs or institutions may be eligible for a credit transfer and so be exempted from their Student-selected and/or Cross-College General Education Course. Please contact the Registrar's Office to inquire further.