



# Sault College Retirees' Newsletter

## April 2009

Thank you to everyone who came out to the Gallery for our spring dinner. Every time we dine in the Gallery we think it can't get any better but it does. Our thanks go out to Professor Deron Tett for making all the arrangements and to the other faculty and students who were wonderful.

Some retirees were interested in getting on to the mailing list for Gallery events. I checked with Deron Tett and he said they only have lunches during the fall semester since this is early in the training year for students. These start in the second week of October. Call the College at 759-2554, ext. 2513, leave a request for a reservation and they will call you back to confirm the date, time and the number of people. For the Gallery theme nights during the winter semester, call the same number and request a calendar and cover letter which explains how to reserve for the theme nights and the Easter buffet which is extremely popular and fills up quickly.

Our best wishes for a healthy and long retirement go out to the newest retirees. Marilyn Robb was the Manager of the Child Development Centre and Brian Rawn who taught in several areas of the College as well as in Elliott Lake.  
Congratulations

Many of our retirees were vacationing in warmer climates and others were travelling during the Easter weekend. Next year Easter falls on April 4<sup>th</sup> and we will be able to book later in April so hopefully that will fit more schedules. We will never have the "perfect fit" but such is the life of retirees and we are always happy to see those who are able to make it.

Among those who were unable to attend but sent their best wishes are the following: Rick McGee, Walter Morrow, Marie Price, Janet Jenkins, Judy Henderson, Joyce Batter and Toni Provenzano.  
Thanks for staying in touch.

Other retirees were either vacationing in Florida or making plans to return home.

- Marcy Ciferri, Nancy Peters, Penny Gardiner, Jim Korrey, Gerry McGuire, Bob Lailey, and Warren Robertson.
- Marg and Bert Simpson were spending Easter with their son and family in Alabama.
- Linda and Ron Johnston were returning from Texas and spending Easter with their daughter and son-in-law in London
- Leslie Foster was in Ottawa and sends best wishes for a great summer.
- Mary and Garry MacLean were in Edmonton.
- Doug and Diane Heggart have been busy looking after elderly family members over the winter months but he did have a message for those of you who are in the St. Joseph Island area. His sailboat, the "Oncidium", will be terrorizing the North Shore this summer.
- Jim and Joan Erb were visiting with their grandchildren. Joan is much better, playing volleyball and looking forward to playing golf. Jim said a sure sign of how well she's doing is the growing "honey do" list.

Marg Simpson, our Social Convenor, continues to send out cards to new retirees, shut-ins, and anyone needing a kind word. We don't limit this to retirees but include all Sault College employees. Marg advised me that we are in good shape financially. As you know, we do not collect dues or fees. Our only expenditures are envelopes and stamps. The College prints the cards for us at no cost. The other cost is name tags which retirees have asked for. Some retirees have a difficult time remembering names so this is a simple way of helping out. If you know of anyone who should receive a card, please contact Marg at [marg.bert26@shaw.ca](mailto:marg.bert26@shaw.ca), or by telephone at 945-8674.

Since our last Newsletter, two retirees have passed away. One was David Kelly who was a faculty member in Health Sciences and the other was Lyle Salomaa who worked in the printing department as well as other areas of the College. Our condolences go out to their families.

### **Sault College Retirees Award**

#### **Retirees Award –Update as of April 8, 2009**

The second retirees Award of \$300 was made on March 24, 2009 to Samantha Stone from the Esthetician program. Her letter of thanks indicated she would use the money for further schooling or to establish a small business.

As of April 2, 2009 the Retirees Award Fund holds \$14,981. This amount includes all matching government funds. There will be nearly enough interest earned by the 2010 awards ceremony to fund one \$600 or two \$300 awards. After discussion at the recent retirees' dinner, it was agreed to make two \$300 awards beginning in 2010 and that the amount of each award each year would be increased as monies permit until they reach \$500. Both awards will continue to be made to first year students in various college programs based on worthiness and financial need.

We are overwhelmed by the support of retirees in making these awards such a success! Keep up the good work. Remember that all contributions continue to generate matching Ontario government funds. The best way to make a contribution is through the Financial Aid Office at the college as this will ensure that you receive an income tax receipt for your contribution.

Thanks again for your tremendous assistance.

Harvey Robbins & Gwen Iburg  
Retiree Awards Committee

### **Member Highlights**

I am always interested in hearing about our members and their families and especially when they have ventured into something new or, like in this case, been recognized for achievements. The following is an excerpt from the Algoma Residential Community Hospice (ARCH) newsletter:

June Callwood Circle of Outstanding Volunteers - 2009

Gordon Stone was nominated by ARCH for this award that is presented each year at the HAO (Hospice Association of Ontario) Conference held in Toronto. Gordon has supported ARCH since 1999. He graduated with the first group of ARCH Supportive Care volunteers and serves with compassion and zeal within the ARCH Day Hospice Program.

He models gentleness, caring, and a sense of true presence to both participants and peers. Gordon has been an ambassador for ARCH in our community. He organized the planting of white pine saplings on the ARCH property as a memorial and early fundraiser.

Gordon has introduced EFT tapping, foot massages and ear lobe magnetic therapy to the Day Hospice Program and has offered countless hours of REIKI.

He is a gifted photographer and poet.

As a gourmet chef, he has delighted the group with his cuisine. Gordon is known for his enthusiastic hugs delivered with deep loving kindness.

Gordon received this award at the Annual Hospice Palliative Conference held in Toronto April 18 to 20. The awards were followed by a celebratory luncheon.

CONGRATULATIONS GORD from all of us!

## **New Business**

### **Change of Venue**

After the poor service at our last dinner, I visited several venues. Some had reputations for great food but they also had limitations on seating or had a bar in the centre of the room. We need a facility that can accommodate 55-60 as these are our upper numbers. We also need a location that does not require a minimum number because, depending on other commitments, we may only have 35-40 in attendance. For the fall dinner, I received input from other retirees and based on all

of this, I decided to try Gran Festa. It will be a family-style dinner and not plated service and I hope this will work out well. If not, I look forward to receiving suggestions.

### **Travel Registry**

Many retirees travel close to home while others travel far afield. I would like to have a central registry where people could look up information based on where other retirees have travelled.

This could include, among other things, best time to travel, highlights of the area, contact information i.e. travel agency, independent arrangements, etc. as well as cost of travel, accommodations and meals. With help from other retirees, we could put this on our website. For those who are not connected to the internet, I could have hard copies mailed out upon request.

If we had volunteers, we could have a brief presentation or have one or two of these travelers available for questions after our dinners. That way, if some retirees are not interested, they would be free to leave.

### **Other Registries**

Not everyone is interested in travel and I know we have many other interests and talents in our group. We have artists, birders, photographers, musicians, avid readers, as well as other interests. I would like to include these as well.

Please fill out the attached questionnaire and return it to me at 68 Fort Creek Drive, Sault Ste. Marie, Ontario P6C 5T9. Since I send this newsletter out electronically as well, feel free to save the cost of an envelope and stamp. Complete it and return it by email and I will compile the results and get back to everyone at a later date.

### **Did You Know?**

Did you know that you must contact Gina Drinkwater at the College two months prior to your 65<sup>th</sup> birthday? Some changes will take place at that time. Your Sun Life extended health premiums change as well as the amount of life insurance you may continue to carry. Also, you

would not want to miss out on Old Age Security (OAS) benefits. You need to apply six months prior to age 65 for OAS. This is done through Service Canada. Call them at 1-800-277-9914 for an application or information. I submit that we campaign to change that name. What's old about age 65?

This is a new section of the newsletter I am trying out. If you have tidbits or anything you would like to submit, please do so. It can be something humorous or something of interest.

### **Ken MacDougall documentary**

If you missed viewing the award-winning documentary **The Enjoyment of Form**, it can be viewed at the Sault College Library shortly. It is on order and will be placed in the Reserve area. You will recall that the video follows Ken MacDougall's travel through the world of art from his very early years onwards. Ken is very proud of his Sault roots and it shows in his superb work and left his mark at Sault College in the programs he helped develop as an artist and as faculty. Ken, of course, has now joined the ranks of Sault College Retirees but continues working with his love of art.

### **Newsletter contributions**

As always, if you have information or anything else you would like to pass on to retirees, let me know and I will include it. My email address is [rose.caicco@sympatico.ca](mailto:rose.caicco@sympatico.ca) and my phone number is 942-3891. Any updates to your email addresses helps me out and eliminates those "bounced" emails.

### **Our New Look**

We decided to give ourselves a new look and make the Newsletter easier to read. Thanks to Carol Coutu for setting this up. Give us your feedback please.

*Regards,*

*Rose*



## Registry of Retiree Interests

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

### Travel:

I have visited and would recommend travel to the following (list all that apply):

\_\_\_\_\_  
\_\_\_\_\_

I would be willing to make an informal presentation or be available to answer questions on my travels such as cost, highlights, cultural experiences, etc.  Yes  No

I would be interested in hearing about travel to the following areas:

\_\_\_\_\_  
\_\_\_\_\_

### Other areas of interest:

I have interest in the following and would enjoy meeting with others who have similar interests (Circle all that apply):

- |                                                                                   |                                      |                                                                 |
|-----------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------------|
| <input type="checkbox"/> Antiques                                                 | <input type="checkbox"/> Gardening   | <input type="checkbox"/> Reading                                |
| <input type="checkbox"/> Art                                                      | <input type="checkbox"/> Pottery     | <input type="checkbox"/> Scrapbooking                           |
| <input type="checkbox"/> Bird watching                                            | <input type="checkbox"/> Photography | <input type="checkbox"/> Sewing                                 |
| <input type="checkbox"/> Dancing                                                  | <input type="checkbox"/> Quilting    | <input type="checkbox"/> Singing                                |
| <input type="checkbox"/> Playing an instrument(s) (please list)<br>_____<br>_____ |                                      | <input type="checkbox"/> Other (please list):<br>_____<br>_____ |

Share my name with other retirees with similar interest(s)  Yes  No

Signed: \_\_\_\_\_